



## WELLNESS BACKED BY SUBSTANTIAL RESEARCH

Developed by Delos™, Stay Well is transcending hospitality by incorporating a myriad of in-room design features, amenities and services to help maximize the guest experience and minimize the impact that travel has on the human body. Combining scientific research with engineering and technological advancements into hotel rooms, Stay Well sets the new standard in hospitality.

## ROOMS BUILT FOR HUMAN PERFORMANCE

Stay Well was created from the belief that as we travel for business and pleasure, we deserve environments that:

- Focus on optimizing health, vitality, relaxation and well-being
- Regulate biological rhythms
- Implement scientifically validated features into guest rooms

## BENEFITS

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BETTER AIR QUALITY

RAPID JET LAG ADJUSTMENT

ENHANCED AMBIENCE

INCREASED ENERGY

BETTER REST

IMPROVED NUTRITION

From air purifiers to organic mattresses, the rooms are equipped with the latest wellness features that aim to improve water and air quality, mitigate jet lag, enhance mood, ensure restful sleep and decrease exposure to germs.

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## EXPLORE STAY WELL



### AIR PURIFICATION

The state-of-the-art **Air Purification** system reduces allergens, toxins and other microbes invisible to the human eye.



### AROMATHERAPY

Enjoy the welcoming and relaxing scent of **Aromatherapy** in your Stay Well room.



### DAWN SIMULATOR

Inspired by nature's sunrise, the **Dawn Simulator** will wake you gradually and gently.



### STAY WELL INFUSED SHOWER

Start your day with a **Stay Well Infused Shower**, and emerge with softer, smoother skin and hair.



### NIGHT LIGHTING

**Night Lighting** allows you to safely navigate at night while minimizing sleep disruption.



The end of your time in a Stay Well Room doesn't mean the end of your wellness experience.

You can continue to manage wellness with free access to award-winning Cleveland Clinic Wellness programs with tips on how to sleep better, reduce stress and maintain a medically backed nutrition program through professional direction. Complimentary access to the programs can be claimed at [staywellrooms.com/clevelandclinic](https://staywellrooms.com/clevelandclinic)